

Daily Savings

Use this sheet to keep track of any money saved during the week. If at the end there is any money saved take that and save it in a separate bank account or invest it.

Examples of items that would go in this worksheet:

1. Saved \$2.50 – Said “No” to Monday coffee gather with my co-workers.
2. Saved \$5.00 – Usually would stop on Fridays after work to buy a smoothie.
3. Saved \$1.00 – Instead of buying a beverage for lunch at work I drank water.
4. Saved \$5.00 – Instead of going out to eat bought a sub from a fast food place.
5. Saved \$3.00 – Instead of renting movies watched what was on TV.

Day	Amount Saved	How?
Monday	\$	

Day	Amount Saved	How?
Tuesday	\$	

Day	Amount Saved	How?
Wednesday	\$	

Day	Amount Saved	How?
Thursday	\$	

Day	Amount Saved	How?
Friday	\$	

Day	Amount Saved	How?
Saturday	\$	

Day	Amount Saved	How?
Sunday	\$	

Weekly Savings - _____

Then total up the amount saved for the week and match it up to the Chart that explains how much that money will be worth if you invest it and get a 8% or 15% return.